

Free!

Yoga in the Park



September is National Yoga Month!

Connect with nature all month long and celebrate the health benefits of yoga and meditation with certified instructors.

All skill levels welcome; bring a mat, towel and water bottle.

LiveHealthyGwinnett.com | 770.822.3197

In partnership with



Sundays • 7:00am – 8:00am
Vines Park, Loganville

Tuesdays • 6:30pm – 7:30pm
Duncan Creek Park, Dacula

E.E. Robinson Park, Sugar Hill
9/15 & 9/22 ONLY

Wednesdays • 6:30pm – 7:30pm
George Pierce Park, Suwanee

**Saturdays
7:00am – 8:00am**
Lenora Park, Snellville
Community Garden

7:30am – 8:30am
Little Mulberry Park, Dacula

9:00am – 10:00am
Isaac Adair House, Lawrenceville
Preservation Lawn
9/12 ONLY

